



Three-Day Emergency Survival Kit

Emergencies and disasters can happen anytime, anywhere. Some give you time to get ready; others happen without warning. The key is to **be prepared**. Every person can help by being prepared with a Three-Day Emergency Survival Kit.

Your Kit should include the following;

Flashlight and batteries	Radio and batteries
Spare batteries	First-aid kit
Candles and matches/lighter	Extra car keys and cash
Important papers	Food and water
Clothing and footwear	Blankets or sleeping bags
Toilet paper and other personal items	Medication
Whistle	Playing cards, games
Backpack/duffel bag (to hold all of the emergency survival kit items)	

For more information contact Tom Brown, Community Emergency Management Coordinator at 705-635-2851 or visit the following websites: www.lakeofbays.on.ca or www.emergencymanagementontario.ca